Please review the DuoCare instruction Manual for full safety and operating advice before applying this treatment.



## Safety Glasses

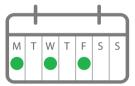
Always wear Safety Glasses (included) while operating this device.



#### Time to Complete

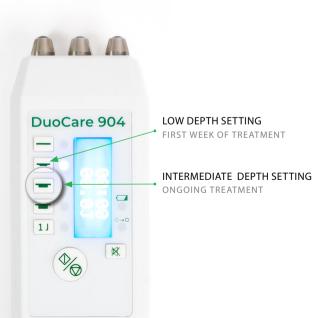
ABDOMEN

6 MINUTES + 1 MINUTE BACK OF NECK



## Frequency

3 sessions per week with at least one day break between sessions.



### **Safety Precautions & Contraindications**

Please review the Safety Precautions and Contraindications page on our website and the Instruction Manual before use. SYMBYX is not your primary healthcare provider and you are advised to consult with one if ever in doubt.

A level of caution should be exercised when commencing any new therapy as there is always a small risk of producing unwanted side effects. Safety glasses (provided) are required while operating the DuoCare 904.

Do not use the device in contact with sensitive or broken skin (including open wounds). For treatment of these, hold the device a few centimetres above the area so the laser is not in contact with the skin.

Do not use the device in contact with eyelids.

Do not view the divergent beam with magnifers.

Please perform your treatment sitting or lying down, and take your time standing up to minimise any risk of falls or injury.

If you experience any adverse reactions, please cease the therapy immediately and contact our Clinical Support Team at clinical support@symbyxbiome.com for further instructions.



Scan the QR code to watch the video: How to use the DuoCare laser for Parkinson's

To learn more about SYMBYX, visit our website and follow us on social media









#### **Contact Information**

SYMBYX Customer Care

Email: info@symbyxbiome.com

Phone (worldwide): +61 2 8066 9966

Phone (UK only): +44 2037 698576

SYMBYX Pty Ltd



3/116 Military Road Neutral Bay NSW 2089 Australia

www.symbyxbiome.com





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## Turn on the DuoCare 904

1 Insert key provided into the slot and turn clockwise.

2 An orange light will illuminate directly below the key.

Press down on the round black POWER button until a small green light is illuminated within the button.

The DuoCare 904 will beep twice and the display screen will show that it is now ready to start treatment. All digital settings should be at zero.

#### First Week of Treatment

For your first week of treatment, we recommend starting with half the dosage. Simply follow the below instructions but use the Low Depth Setting. On the low depth setting [9], treat each area for 30 seconds, which is indicated by an audible beep. After the first week, move onto the full protocol on the intermediate setting.

## The Abdomen

- 5 Set the Depth Setting to Intermediate.
- 6 Press the laser end of the DuoCare 904 onto the abdomen.
- Press the start button to commence treatment.

Hold the device comfortably on the bare skin of the abdomen in a 6 spot grid pattern, as shown in the

diagram (make sure there is a physical connection between the three metal diodes and skin).

You should only aim to be in this general vicinity as exact placement is not required. Hold the device in each position for 60 seconds. When you are using the Intermediate Depth Setting, an audible beep will sound after 60 seconds of treatment—once this sounds move on to the next position.

Using your belly button as a centre point, treat in one straight line a few centimetres above and below. Please always treat below your rib cage and above your pelvis to ensure best results.

## The Back of the Neck

After applying the DuoCare 904 to the gut, press the device against the neck at the base of the skull (top of neck) for 60 seconds. Ensure that the diodes are lined horizontally across the neck.

## Turn off the DuoCare 904

- 1. Turn off the DuoCare 904 using the POWER button 3.
- 2. The green light within the POWER button will now turn off.
- 3. Turn key 1 anti clockwise and remove key.
- 4. To double check the laser has been fully turned off, the light underneath the key slot will not be Illuminated 2.

# Charging the Battery

- 1. Turn off the device with the key switch and remove the key 1.
- 2. Connect the cable of the battery charger to the DuoCare 8
- 3. Connect the charger to the mains power via wall-socket.
- Check that the light on the battery charger is lit. The red light indicates charging of battery. This light will turn green once the battery is fully charged.
- If the light on the charger is not lit—neither green nor red then the charger is not functioning as intended. Contact SYMBYX Customer Care for support via: info@symbyxbiome.com

NOTE: THE DEVICE CAN BE USED WHEN CONNECTED TO THE CHARGER, AS WELL AS DURING CHARGING.

